

March 2, 2016
Harriett Phillips
Marilyn Brown
Gait LLC
South Bend, Indiana

Dear Marilyn and Harriet,

We had the opportunity to have **REST** in our **K-4 special education classroom** for the past three weeks.

We have noticed a **significant improvement** in the **performance of our students** who have varying levels of both behavioral and academic needs.

We have noticed that some students who are on the **spectrum** and who have **sensory issues** seem to be able to self-regulate more efficiently.

Self-regulation is extremely important, especially in the school setting, and having REST in our classroom provided us with another tool to help students become more self-aware and to activate their core muscles to experience more equilibrium.

Those with **ADHD** and other issues related to impulsivity appear to be able to reduce the impulsive behavior and **focus on their academics**.

Thank you for giving us the opportunity to provide our students with another tool to enhance their education.

Sincerely,

Susan Henderson and Elise Sorensen
Madison Primary Center
South Bend (Indiana) Community School System